

Date Submitted: 11/15/21 1:03 pm

Viewing: EMS : Exercise & Movement Science

Parent Plan: [MAJ: Kinesiology BS](#)

Last approved: 04/24/20 4:32 pm

Last edit: 02/02/22 1:52 pm

Changes proposed by: mrshields

Catalog Pages Using this Program

[Kinesiology: Exercise & Movement Science](#)

Name of the school or college academic planner who you consulted with on this proposal.

Name
Maddie Sychta - EDU
Barb Gerloff - EDU

In Workflow

1. **KINESIO Dept. Approver**
2. **EDU School Admin Reviewer**
3. EDU School Approver
4. APIR Admin
5. UAPC Approver
6. Registrar

Approval Path

1. 11/15/21 1:05 pm
Lisa Cappabianca (lcappabianca):
Approved for KINESIO Dept. Approver

History

1. Sep 25, 2018 by Michelle Young (meyoung)
2. Oct 25, 2018 by Melissa Schultz (mrschultz3)
3. Apr 24, 2020 by Barbara Gerloff (bgerloff)

Proposal Abstract/Summary:

In the past 5 years, the named options under the parent heading of B.S. Kinesiology have changed. There used to be three named options including 1). Athletic Training, 2). Physical Education, and 3). Exercise and Movement Science. Currently, there is only one named option, Exercise and Movement Science, and we would like to suspend and discontinue this option to simplify the major and advising. The specialized EMS coursework will be moved to the Kinesiology BS parent plan. Students who want to focus on exercise and movement science can take the EMS coursework within the Kinesiology BS program.

If approved, what term should the proposed change start? (usually the next fall term)

Fall 2022 (1232)

Is the change being proposed only a curricular change that would impact fewer than 50% of the credits in the program (i.e., plan or subplan) under consideration?

Yes

Basic Information

Program State: Suspend, will be discontinued **Active**

Type of Program: Named Option

Parent Program: MAJ: Kinesiology BS

Parent Audience: Undergraduate

Parent Home Department: Kinesiology (KINESIO)

Department:

Parent School/College: School of Education

The program will be governed by the home department/academic unit as specified. Will an additional coordinating or oversight committee be established for the program?

No

Parent Award: Bachelor of Science

SIS Code: EMS

SIS Description: Exercise & Movement Science

Transcript Title: Exercise & Movement Science

Named Options: EMS: Exercise & Movement Science

Does the parent program offer this as an additional major as well? No

Suspension and Discontinuation

What is the last term that a student could declare this program?
(1226) Summer 2022

What is the last term that students may be enrolled in or complete the program?
(1256) Summer 2025

What is the timeline and advance communication plan?

Communication of this change will be the responsibility of the Kinesiology and School of Education (SoE) advising teams. This communication will occur in individual meetings between the SoE advisor and the pre-Kinesiology student as well as within the Department of Kinesiology group advising and in the class KINES 119: Introduction to Kinesiology, which is a requisite to the major. From a student perspective, there are no changes outside of the name change of the major.

Explain the precipitating circumstances or rationale for the proposal.

Since the removal of the other two named options, the School of Education recommended the consideration of this change in order to simplify the major and advising. The faculty Chair of the Kinesiology Undergraduate Studies Committee suggested making this change and is supportive of it for similar reasons.

What is the potential impact on enrolled students?

Current students in the Exercise and Movement Science degree program will not be impacted by this change.

What is the potential impact on faculty and staff?

There are no anticipated impacts on faculty and staff.

Explain and provide evidence of efforts made to confer with and to notify faculty and staff.

Discussion of this change occurred at the Department meeting on November 12th, 2021.

Explain and provide evidence of efforts made to confer with and to notify current students.

This communication will occur in individual meetings between the SoE advisor and the pre-Kinesiology student as well as within the Department of Kinesiology group advising and in the class KINES 119: Introduction to Kinesiology, which is a requisite to the major.

Explain and provide evidence of efforts made to confer with and to notify alumni and other stakeholders.

There are no plans to share this information with these groups. The department does not anticipate alumni or other stakeholders will have concerns.

Teach-out plan - How will program quality be maintained during the suspended period or the teach-out period for discontinued programs?

There are no changes to the curriculum so students will continue through their program as planned. Courses will be offered regularly. Students will work with their advisor to address any concerns, if necessary.

Teach-out plan: A) For currently enrolled students, how will required courses, curricular elements, advising and other student services be provided?

Currently enrolled students and students who are accepted effective Summer of 2022 will have through Summer 2025 to finish their Exercise and Movement Science degree requirements. Once admitted, students typically finish their degree in 4 semesters with a few needing 5 semesters to finish the requisites of the major. This timeline ensures that students will have sufficient time to finish their EMS degree before it is discontinued. The cohort of students beginning the B.S. Kinesiology in Fall 2023 (declaring in the Spring 2023) will be the first cohort that does not have the opportunity to enroll in the EMS option.

Teach-out plan: B) For prospective students in the admissions pipeline, how are any commitments being met or needs to notify them that their program of interest will not be available?

Prospective students in the admissions pipeline will apply to the Exercise and Movement Science degree program in the Spring of 2022. Once accepted, they will begin their coursework in the Fall of 2022. Students complete requirements in four semesters with an anticipated graduation date of Spring 2024. Nothing will change for these students. If their time to graduation extends beyond the discontinuation date for the EMS option, they will still receive a Kinesiology B.S. rather than a Kinesiology: Exercise and Movement Science, B.S.

Teach-out plan: C) For stopped out students, what provisions are made for their re-entry? What program(s) will they be re-entered into?

Stopped out students may enroll in the B.S. Kinesiology rather than the Exercise and Movement Science option.

Teach-out plan: D) Provide any other information relevant to teach-out planning.

Roles by Responsibility: List one person for each role in the drop down list. Use the green + to create additional boxes.

Role Type	Name (Last, First)	Email	Phone	Title
<u>Department Chair</u>	<u>Mason, Andrea</u>	<u>andreamason@wisc.edu</u>	<u>608/262-9904</u>	
<u>Primary Contact</u>	<u>Shields, Morgan</u>	<u>mrshields@wisc.edu</u>	<u>608/263-2609</u>	

List the departments that have a vested interest in this proposal.

Are all program reviews in the home academic unit up to date? Yes

Are all assessment plans in the home academic unit up to date? Yes

Are all assessment reports in the home academic unit up to date? Yes

Mode of Delivery:

Face-to-Face (majority face-to-face courses)

Will this program be part of a consortial or collaborative arrangement with another college or university? No

Will instruction take place at a location geographically separate from UW-Madison? No

Parent has outside accreditation: No

Graduates of parent program seek licensure or certification after graduation. No

How does the named option relate to the major and to other named options in the major, if relevant?

Diversity and Inclusion

Describe how the proposed program curriculum and learning outcomes will advance inclusive excellence. Discuss specific components and requirements within the curriculum that will offer students opportunities and learning activities to engage in diversity with respect to perspectives, theories, practices, and populations different from themselves. If internships or clinical, practicum, or experiential learning experiences will be required, discuss how students will have access to diverse practice settings.

Parent Value

Discuss how the proposed program will actively pursue an equity in student recruitment, access, retention, and degree completion. Describe specific strategies to identify and recruit a diversified student population for programs that do direct admissions. Include evidence-based and effective practices. Provide examples of academic and student support services that will be implemented to support student learning success and completion.

Parent Value

Consider how the proposed program will ensure equity in recruiting and hiring of faculty, instructional staff, and staff who will oversee the program curriculum, professional/career development experiences, and research/scholarship where relevant.

Parent Value

Note any plans or strategic initiatives at the university that are closely linked with the development of the proposed program. Note how efforts will align with the appropriate and applicable accreditation standards that address diversity where relevant. To the extent that the response to questions related to diversity, equity, and inclusion are connected to plans at the department, school/college or university, make those connections explicit where relevant.

Parent Value

Faculty and Staff Resources

Confirm that the program advisor(s) or coordinator(s) have been consulted and reviewed this proposal. Yes

Resources, Budget, and Finance

Is this a revenue program? No

What is the tuition structure for this program?

Standard resident/MN/nonresident undergraduate tuition

Given considerations associated with the proposed change, describe the academic unit's fiscal capacity to support the instructional and curricular requirements, academic and career advising, student support services, technology needs, and relevant assessment of student learning and program review requirements. Is there sufficient capacity in the curricular and academic support services to meet the additional workload? For research graduate programs, include information on how the program will be administered and how student funding will be handled. For undergraduate programs, include information on academic advising, career advising, student support services.

Does the program or change require substantial new resources other than those just described? Describe the needs. Confirm that the dean is committed to providing the resources.

Curriculum and Requirements

What percentage of the curriculum, if any, is being proposed to change via this proposal? No change to the curriculum

Parent Plan Admissions/How To Get In Requirements

New Format

Kinesiology Declaration Overview

Students typically enter UW–Madison as Pre-Kinesiology students (PKN), spend the first two years completing liberal studies requirements and Kinesiology prerequisites, and declare Kinesiology for the final two years on campus. Transfer students and students who already have an undergraduate degree may also apply to transfer directly into Kinesiology if all eligibility requirements have been met.

On-campus students wishing to declare Pre-Kinesiology can complete a [Pre-Professional Declaration](#). A minimum GPA of 2.5, based on UW–Madison coursework, is required to transfer into the School. This GPA may be modified by the [Last 60 Credits Rule](#). It is not necessary to be a Pre-Kinesiology student before declaring Kinesiology.

ELIGIBILITY TO DECLARE KINESIOLOGY

Consult the School of Education's [Undergraduate Admissions](#) page for information about the declaration period, deadline and current eligibility requirements prior to submitting a declaration. Requirements may be modified from one declaration period to the next. Kinesiology currently accepts declarations once a year, beginning in January.

Off-campus students wishing to transfer directly into Kinesiology should complete the on-campus declaration and must also be admitted to UW-Madison. See Transfer Students and Students with a Bachelor's Degree, below.

Eligibility Requirements:

Complete the following prerequisite coursework by the end of the spring semester of the declaration year:

Biology Sequence

Complete one of the following Biology sequences:

<u>BIOLOGY/ ZOOLOGY 101 & BIOLOGY/ ZOOLOGY 102</u>	<u>Animal Biology and Animal Biology Laboratory</u>	<u>5</u>
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<u>BIOLOGY/BOTANY/ ZOOLOGY 151 & BIOLOGY/ BOTANY/ ZOOLOGY 152</u>	<u>Introductory Biology and Introductory Biology ¹</u>	<u>10</u>
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<u>BIOCORE 381 & BIOCORE 382</u>	<u>Evolution, Ecology, and Genetics and Evolution, Ecology, and Genetics Laboratory</u>	<u>5</u>
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Advanced Placement (AP) Biology exam score of 4 or 5 ²

International Baccalaureate (IB) Biology exam score of 4 or 5 ³

Chemistry Sequence

Complete one of the following Chemistry sequences:

<u>CHEM 103 & CHEM 104</u>	<u>General Chemistry I and General Chemistry II</u>	<u>9</u>
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<u>CHEM 109</u>	<u>Advanced General Chemistry</u>	<u>5</u>
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<u>CHEM 115 & CHEM 116</u>	<u>Chemical Principles I and Chemical Principles II</u>	<u>10</u>
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Physics CourseComplete one of the following Physics courses:

<u>PHYSICS 103</u>	<u>General Physics</u>	<u>4</u>
<u>PHYSICS 201</u>	<u>General Physics</u>	<u>5</u>
<u>PHYSICS 207</u>	<u>General Physics</u>	<u>5</u>

Kinesiology Course

<u>KINES 119</u>	<u>Introduction to Kinesiology</u>	<u>2</u>
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1

Students who take BIOLOGY/BOTANY/ZOOLOGY 151 at UW–Madison or transfer it from another campus must complete both BIOLOGY/BOTANY/ZOOLOGY 151 and BIOLOGY/BOTANY/ZOOLOGY 152 to be eligible to declare and to complete the degree requirements.

2

Credit awarded for BIOLOGY/BOTANY/ZOOLOGY 151 via an AP Biology exam score of 4 or 5 fulfills the entire eligibility requirement to declare and the degree requirements.

3

Credit awarded for BIOLOGY/BOTANY/ZOOLOGY 151 via an IB Biology exam score of 4 or 5 fulfills the entire eligibility requirement to declare and the degree requirements.

Complete all but three of the prerequisite courses listed above by the end of the fall semester of the declaration year. **Exception:** Students enrolled in [BIOLOGY/BOTANY/ZOOLOGY 152](#) during the spring semester of the declaration year may have this course and up to two additional prerequisites above in progress during the spring semester of the declaration year. For this purpose, [CHEM 109](#) satisfies the full general chemistry requirement but constitutes one course. [BIOLOGY/ZOOLOGY 101](#) and [BIOLOGY/ZOOLOGY 102](#) Animal Biology Laboratory are counted as two courses in determining eligibility for the program.

Earn a minimum 2.75 cumulative GPA or last 60 credits GPA by the end of the fall semester of the declaration year.⁴

4

Last 60 Credits Rule - Two grade point averages may be calculated to determine a candidate's eligibility to declare Kinesiology. A GPA may be calculated using (1) UW-Madison and all other all transferable college level coursework attempted and (2) the last 60 credits attempted. The higher GPA of these two calculations will be used for determining eligibility. Once declared, students must earn a semester GPA of 2.75 each semester after declaration. More information on this rule is available here.

Students will be provisionally accepted in the spring, pending the completion of all prerequisite courses and GPA requirements by the end of the spring semester. This acceptance will be rescinded and the student withdrawn from fall Kinesiology courses (typically during July) if these requirements are not met.

Transfer Students and Students with a Previous Degree

Transfer students and second degree candidates (students who already hold a Bachelor's degree) must be admitted to UW-Madison to enroll in a School of Education program. Admission to the campus has its own

application, admission process, and application deadlines; see [Office of Admissions and Recruitment](#) for campus application information.

Students wishing to transfer directly into Kinesiology should complete both the on-campus declaration and the UW-Madison application. Other transfer and second degree candidates will be admitted to UW-Madison with the Pre-Kinesiology designation.

Second degree candidates must be seeking a second degree that is unrelated to their first; more information is available [here](#).

Off-campus students are strongly advised to meet with an advisor in the School of Education Student Services office in advance of their declaration. Consultations with advisors are available in person, virtually or via telephone; to schedule, call 608-262-1651.

Advising After Declaration

The Kinesiology department holds mandatory spring orientation sessions for new majors, led by a departmental advisor. Sequencing of coursework and enrollment in Kinesiology courses are addressed at these meetings. Students will be authorized to enroll in Kinesiology courses after the orientation meetings are completed. After declaration, advising about the major will be provided by the Department of Kinesiology. Majors are required to meet with the departmental advisor at least once per semester. All questions about School of Education and university requirements should be referred to an advisor in the School of Education Student Services office.

Old Formatting

Kinesiology Declaration Overview

To declare Kinesiology, meet the minimum eligibility requirements outlined below and make the declaration during the time frame established by the department. Students may declare Kinesiology only once a year, during the spring semester. Declaration is typically made during the sophomore year. Once declared, Kinesiology students typically spend two years completing their remaining coursework.

On-campus students wishing to declare Pre-Kinesiology can complete a

ELIGIBILITY TO DECLARE KINESIOLOGY

Consult the School of Education's [Undergraduate Admissions](#) page for the application deadlines and detailed information regarding current eligibility requirements and selection criteria prior to submitting a declaration. Requirements may be modified from one declaration period to the next.

Off-campus students wishing to transfer directly into Kinesiology should complete the on-campus declaration and must also be admitted to UW-Madison. Admission to the campus has its own application, admission process and application deadlines; see [Office of Admissions and Recruitment](#) for campus application information.

To be Eligible to Declare:

Complete the following prerequisite coursework by the end of the spring semester of the declaration year:

Biology Sequence

Complete one of the following Biology sequences:

<u>BIOLOGY/</u>	Animal Biology	5
<u>ZOOLOGY 101</u>	and Animal Biology Laboratory	
& <u>BIOLOGY/</u>		
<u>ZOOLOGY 102</u>		

<u>BIOLOGY/BOTANY/</u>	Introductory Biology	10
<u>ZOOLOGY 151</u>	and Introductory Biology ¹	
& <u>BIOLOGY/</u>		
<u>BOTANY/</u>		
<u>ZOOLOGY 152</u>		

<u>BIOCORE 381</u>	Evolution, Ecology, and Genetics	5
& <u>BIOCORE 382</u>	and Evolution, Ecology, and Genetics Laboratory	

Advanced Placement (AP) Biology exam score of 4 or 5 ²

International Baccalaureate (IB) Biology exam score of 4 or 5 ³

Chemistry Sequence

Complete one of the following Chemistry sequences:

<u>CHEM 103</u>	General Chemistry I	9
& <u>CHEM 104</u>	and General Chemistry II	

<u>CHEM 109</u>	Advanced General Chemistry	5
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<u>CHEM 115</u>	Chemical Principles I	10
& <u>CHEM 116</u>	and Chemical Principles II	

Physics Course

Complete one of the following Physics courses:

<u>PHYSICS 103</u>	General Physics	4
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<u>PHYSICS 201</u>	General Physics	5
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<u>PHYSICS 207</u>	General Physics	5
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Kinesiology Course

<u>KINES 119</u>	Introduction to Kinesiology	2
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¹

Students who take [BIOLOGY/BOTANY/ZOOLOGY 151](#) at UW–Madison or transfer it from another campus must complete both [BIOLOGY/BOTANY/ZOOLOGY 151](#) and [BIOLOGY/BOTANY/ZOOLOGY 152](#) to be eligible to declare and to complete the degree requirements.

²

Credit awarded for [BIOLOGY/BOTANY/ZOOLOGY 151](#) via an AP Biology exam score of 4 or 5 fulfills the entire eligibility requirement to declare and the degree requirements.

eligibility requirement to declare and the degree requirements.

3

Credit awarded for [BIOLOGY/BOTANY/ZOOLOGY 151](#) via an IB Biology exam score of 4 or 5 fulfills the entire eligibility requirement to declare and the degree requirements.

Complete all but three of the prerequisite courses listed above by the end of the fall semester of the declaration year. **Exception:** Students enrolled in [BIOLOGY/BOTANY/ZOOLOGY 152](#) during the spring semester of the declaration year may have this course and up to two additional prerequisites above in progress during the spring semester of the declaration year. For this purpose, [CHEM 109](#) satisfies the full general chemistry requirement but constitutes one course. [BIOLOGY/ZOOLOGY 101](#) and [BIOLOGY/ZOOLOGY 102](#) Animal Biology Laboratory are counted as two courses in determining eligibility for the program.

Earn a minimum 2.75 cumulative GPA or last 60 credits GPA by the end of the fall semester of the declaration year (see "Last 60 Credits Rule," below).⁴

4

A comprehensive cumulative GPA of all college-level, transferrable coursework attempted on both the UW–Madison campus coursework and coursework taken at any other colleges or universities may be calculated for the exclusive purpose of establishing an applicant's eligibility to declare Kinesiology. Both the comprehensive cumulative GPA and the comprehensive cumulative GPA based on a student's last 60 credits may be calculated. See Last 60 Credits Rule (detailed below). Once declared, students must earn the minimum cumulative GPA for UW–Madison coursework established by their program and the School of Education each semester after admission.

Last 60 Credits Rule

Two grade point averages will be calculated to determine candidates' eligibility to programs. GPAs will be calculated using

- all transferable college level coursework attempted, and
- the last 60 credits attempted.

The higher GPA of these two will be used for purposes of determining eligibility. If fewer than 60 credits have been attempted, all credits will be used to calculate the GPA. Graded graduate coursework will also be used in all GPA calculations. ("Attempted" coursework indicates coursework for which a grade has been earned.)

More information on this rule is available [here](#).

Provisional Admission

Students will be provisionally accepted in the spring. This acceptance must be revoked and the student withdrawn from fall Kinesiology courses (typically during July) if:

- all prerequisite courses were not completed by the end of the spring semester of the declaration year, or
- A 2.75 cumulative GPA or last 60-credit GPA was not maintained.

Advising After Declaration

The Kinesiology department holds mandatory spring orientation sessions for new majors, led by a departmental advisor. Sequencing of coursework and enrollment in Kinesiology courses are addressed at these meetings. Students will be authorized to enroll in Kinesiology courses after the orientation meetings are completed. After declaration, advising about the major will be provided by the Department of Kinesiology. Majors are required to

meet with the departmental advisor at least once per semester. All questions about School of Education and university requirements should be referred to an advisor in the School of Education Student Services office.

Prior to Declaring Kinesiology

Current UW–Madison Students and New Freshmen

New freshmen interested in Kinesiology are admitted directly to the School of Education with a “pre-Kinesiology” classification of PKN. Admission to the School as a "pre" indicates that a student is interested in a program offered by the School, but isn't ready to declare the major.

On-campus students wishing to be in the School of Education while working on eligibility requirements can complete a [Pre-Professional Application](#). Students with a pre-classification are usually freshmen or sophomores in the process of completing eligibility and other requirements. A minimum GPA of 2.5, based on UW–Madison coursework, is required to transfer into the School. This GPA may be modified by the Last 60 Credits rule ([detailed below](#)). It is not necessary to be a pre-professional student before declaring a School of Education major.

It is strongly recommended that students interested in a School of Education program meet with an academic advisor in the School of Education Student Services office, 139 Education Building, 1000 Bascom Mall. Students can use Starfish to schedule an appointment with an advisor or call 608-262-1651.

Prospective Transfer Students

Transfer students must be admitted to UW-Madison to enroll in a School of Education program. Admission to the campus has its own application, admission process and application deadlines; see [Office of Admissions and Recruitment](#) for campus application information.

Off-campus students wishing to transfer directly into Kinesiology should complete both the on-campus declaration and the UW-Madison application. Other transfer students will be admitted to UW-Madison with a "pre-Kinesiology" designation. Admission to the School of Education as a "pre" indicates that the student is interested in Kinesiology, but isn't ready to declare the major.

Prospective transfer students are strongly advised to meet with an advisor in the the School of Education Student Services office in advance of their declaration. Consultations with advisors are available in person, virtually or via telephone; to schedule, call 608-262-1651.

STUDENTS WITH A PREVIOUS DEGREE

Depending on the coursework of the first degree, students interested in Kinesiology may be eligible for admission to the School of Education as a second degree candidate. Second degree students are seeking a second degree from the School of Education that is unrelated to their first degree; more information is available [here](#). Candidates must meet all eligibility requirements to declare Kinesiology.

See the Prospective Transfer Students section above for application information, either directly into Kinesiology or as a pre-Kinesiology student to complete eligibility requirements.

Prospective applicants to UW-Madison who already hold an undergraduate degree are strongly encouraged to meet with an advisor in the School of Education Student Services office in advance of enrolling at UW-Madison. Consultations with advisors are available in person, virtually or via telephone; to schedule, call

608-262-1651.

Those who are not familiar with using the html editor fields may upload a document with information about the curriculum for use by those who will format and edit the content that will appear in the Guide.

[EMS program changes F21_EMS removal.pdf](#)

[UGR_AssessmentInt_Plan_Kinesiology 11_21.pdf](#)

Parent

Requirements

Program Structure

The Kinesiology program has five components:

Liberal studies courses expose students to a broad range of academic disciplines. The university-wide *General Education* requirements also encourage this breadth of study.

Science core coursework offers in-depth study of the basic sciences and mathematics.

Kinesiology core courses look at how the body responds and adapts to exercise, the role of psychological factors in sports and exercise, mechanics applied to biological systems, and how movement is controlled, learned, and developed over the life span.

Advanced coursework in Kinesiology requires at least 11 credits of Kinesiology electives, thus giving students some flexibility to tailor the program to their specific interests.

Elective classes are generally related to the student's area of study and are taken to reach the minimum of 120 credits.

Science Core

Select one of the following:

5-10

[CHEM 103](#)

General Chemistry I

& [CHEM 104](#)

and General Chemistry II

[CHEM 109](#)

Advanced General Chemistry

[CHEM 115](#)

Chemical Principles I

& [CHEM 116](#)

and Chemical Principles II

Select one of the following:

4-10

AP or IB Biology score of 4 or above

<u>BIOLOGY/</u> <u>ZOOLOGY 101</u> & <u>BIOLOGY/</u> <u>ZOOLOGY 102</u>	Animal Biology and Animal Biology Laboratory	
<u>BIOLOGY/BOTANY/</u> <u>ZOOLOGY 151</u> & <u>BIOLOGY/</u> <u>BOTANY/</u> <u>ZOOLOGY 152</u>	Introductory Biology and Introductory Biology	
<u>BIOCORE 381</u> & <u>BIOCORE 382</u>	Evolution, Ecology, and Genetics and Evolution, Ecology, and Genetics Laboratory	
Select one of the following:		4-5
<u>PHYSICS 103</u>	General Physics	
<u>PHYSICS 201</u>	General Physics	
<u>PHYSICS 207</u>	General Physics	
Select one of the following:		4-5
<u>PHYSICS 104</u>	General Physics	
<u>PHYSICS 202</u>	General Physics	
<u>PHYSICS 208</u>	General Physics	
<u>PSYCH 202</u>	Introduction to Psychology	3-4
Complete the following:		
<u>MATH 221</u>	Calculus and Analytic Geometry 1	5
or <u>MATH 211</u>	Calculus	
<u>Select one of the following:</u>		<u>0-5</u>
<u>Placement into Calculus</u>		
<u>MATH 113</u>	<u>Trigonometry</u>	
<u>MATH 114</u>	<u>Algebra and Trigonometry</u>	
<u>Select one of the following:</u>		<u>3</u>
<u>STAT 371</u>	Introductory Applied Statistics for the Life Sciences	
<u>STAT 301</u>	<u>Introduction to Statistical Methods</u>	
<u>PSYCH 210</u>	<u>Basic Statistics for Psychology</u>	
<u>ANAT&PHY 335</u>	Physiology	5

ANAT&PHY 337	Human Anatomy	3
ANAT&PHY 338	Human Anatomy Laboratory	2
<h2>Kinesiology Core</h2>		
KINES 116	First Aid and Basic Life Support ^{1 2}	2
KINES 119	Introduction to Kinesiology ¹	2
KINES 300	Practicum in Kinesiology ³	3
KINES 314	Physiology of Exercise	4
KINES 318	Biomechanics of Human Movement	3
KINES 330	Research in Kinesiology	2
KINES 350	Introduction to Exercise Psychology ¹	3
KINES 361	Motor Learning and Performance	3
<u>Select one of the following:</u>		<u>3</u>
KINES 355	Socio-Cultural Aspects of Physical Activity	
KINES 521	Physical Activity and Health	
KINES 600	Advanced Exercise Psychology	
¹	KINES 116 , KINES 119 and KINES 350 may be taken prior to admission into the professional part of the undergraduate program.	
²	Students may exempt from KINES 116 First Aid and Basic Life Support by completing American Red Cross First Aid AND one of the following: 1) American Red Cross Basic Life Support, 2) American Red Cross Basic Life Support for Healthcare Providers, or 3) American Red Cross CPR/AED for Professional Rescuers.	
	If a student wishes to request that a different course (or courses) be considered, contact the Department of Kinesiology undergraduate office PRIOR to enrolling.	
³	Criminal background investigations may be conducted for some students, based on the site of the practicum assignment. The cooperating agency to which the student has been assigned will determine if a background check is necessary.	
<h2>Advanced Coursework in Kinesiology</h2>		
Select a minimum of 11 credits from the following:		
KINES 312	Technology for Physical Activity and Health Professionals	<u>2</u>
KINES 325	Group Development and Behavior Management	<u>3</u>

<u>KINES 360</u>	<u>Lifespan Motor Development</u>	<u>3</u>
<u>KINES 387</u>	<u>The Young Athlete: Considerations for Exercise, Medicine, and Activity</u>	<u>2</u>
<u>KINES 390</u>	<u>Principles of Exercise Leadership</u>	<u>2</u>
<u>KINES 427</u>	<u>Fitness Testing and Exercise Prescription</u>	<u>3</u>
<u>KINES 501</u>	<u>Theory-Based Health Education and Health Promotion Programs</u>	<u>3</u>
<u>KINES 508</u>	<u>Workshop in Kinesiology (Topic: Theories and Strategies for Behavioral Change)</u>	<u>3</u>
<u>KINES/ NURSING 523</u>	<u>Clinical Exercise Testing & Training</u>	<u>3</u>
<u>KINES/ NUTR SCI 525</u>	<u>Nutrition in Physical Activity and Health</u>	<u>3</u>
<u>KINES 527</u>	<u>Principles of Strength and Conditioning</u>	<u>3</u>
<u>KINES 531</u>	<u>Neural Control of Movement</u>	<u>3</u>
<u>KINES 555</u>	<u>Sports Science & Athlete Monitoring</u>	<u>3</u>
<u>KINES 614</u>	<u>Biological Factors Influencing Exercise Performance</u>	<u>3</u>
<u>KINES 615</u>	<u>Laboratory Techniques in Exercise Physiology</u>	<u>2</u>
<u>KINES 618</u>	<u>Biomechanics</u>	<u>2-3</u>

Elective Coursework

Select additional courses to reach the minimum of 120 credits.

Continuation Requirement: Department of Kinesiology

All students admitted to undergraduate programs in the Department of Kinesiology, including Physical Education, must maintain a cumulative grade point average (GPA) of at least 2.75, based on all UW–Madison campus coursework. Consult the School of Education's [Academic Policies and Procedures](#) for additional information about the Continuation requirement.

GPA and Other Graduation Requirements

Graduation Requirements

These requirements are based on UW-Madison coursework.

Must earn a minimum 2.50 cumulative grade point average. Graduation GPA may be modified by the [Last 60 Credits Rule](#).

Major residency: Students must complete a minimum of 15 credits from the Department of Kinesiology while enrolled on the UW–Madison campus.

Senior residency: Degree candidates must complete their last 30 credits in residence on the UW–Madison campus, excluding retroactive credits and credits granted by examination.

Must complete a minimum of 120 credits.

Degree Audit (DARS)

Approved Shared Content from /shared/school-of-education-degree-audit-reporting-system/

Last Approved: Apr 15, 2021 12:16pm

UW–Madison uses “DARS” to document a student's progress toward the completion of their degree, including any additional majors and certificates. A DARS (Degree Audit Reporting System) report shows all the requirements for completing a degree and, against courses that are planned or completed, shows the requirements that have been met, and those that are unmet. A report can offer suggestions about courses that may be taken to meet specific requirements and can assist in the academic planning and enrollment process. Students can access a DARS report in the Course Search & Enroll app or Student Center via My UW.

DARS also has a "what-if" function. This feature makes it possible to request a DARS report as if pursuing another program, major or certificate. It is an excellent tool if considering a new or additional area of study. School of Education students in a pre-professional classification such as Pre-Elementary (PRE), or Pre-Kinesiology should request a "what if" DARS report of their professional program of interest.

More information on how to request a DARS report is available on the [registrar's website](#).

DARS is not intended to replace student contact with academic advisers. It creates more time in an advising appointment to discuss course options, research opportunities, graduate school, or issues of personal interest or concern to students.

DARS is used as the document of record for degree program, major and certificate completion in the School of Education.

Guide Requirements tab

Courses listed here are part of the [Kinesiology, B.S. Degree](#) requirements.

Select at least 11 credits from the following:

KINES 312	Technology for Physical Activity and Health Professionals	2
KINES 325	Group Development and Behavior Management	3
KINES 360	Lifespan Motor Development	3
KINES 390	Principles of Exercise Leadership	2
KINES 427	Fitness Testing and Exercise Prescription	3
KINES 501	Theory-Based Health Education and Health Promotion Programs	3

KINES 508	Workshop in Kinesiology (Topic: Theories and Strategies for Behavioral Change)	3
KINES/ NURSING 523	Clinical Exercise Testing & Training	3
KINES/ NUTR SCI 525	Nutrition in Physical Activity and Health	3
KINES 527	Principles of Strength and Conditioning	3
KINES 531	Neural Control of Movement	3
KINES 555	Sports Science & Athlete Monitoring	3
KINES 614	Biological Factors Influencing Exercise Performance	3
KINES 615	Laboratory Techniques in Exercise Physiology	2
KINES 618	Biomechanics	2-3

Select one of the following:

KINES 355	Socio-Cultural Aspects of Physical Activity	3
KINES 521	Physical Activity and Health	3
KINES 600	Advanced Exercise Psychology	3

Total credits required:

120

Parent Guide Four Year Plan tab

Kinesiology: Sample Four-Year Plans

A four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. [Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests.](#) Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. [You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.](#)

[Two plans are presented below. The first is for students testing into MATH 112 Algebra , followed by a plan for students testing into MATH 211 Calculus or MATH 221 Calculus and Analytic Geometry 1.](#)

[For Students Testing Into MATH 112 Algebra](#)

Freshman

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
MATH 112 (also meets Quantitative Reasoning A)	3	KINES 119	2
Freshman Liberal Studies course work	9-12 Credits	BIOLOGY/ZOOLOGY 101	3
Fall		Spring CHEM 103	4 Credits

		Ethnic Studies	3
		Liberal Studies course work	0-3
	15		15
Sophomore			
Fall	Credits	Spring	Credits
BIOLOGY/ZOOLOGY 102	2	PHYSICS 103	4
CHEM 104	5	STAT 371 or PSYCH 210 (also meets Quantitative Reasoning B)	3
MATH 113 (if intending to take Marh 221)	3	KINES 116	2
PSYCH 202	3	Liberal Studies or General Elective course work	6
Liberal Studies course work	3-6		
	16		15
Junior			
Fall	Credits	Spring	Credits
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or EMS Elective) ¹	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3
EMS Elective ¹	3	ANAT&PHY 338	2
		KINES 350 (or EMS Elective)	3
	14		14
Senior			
Fall	Credits	Spring	Credits
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following in the fall or spring semester	3	PHYSICS 104	4
KINES 355		Communication B - Select one of the following in the fall or spring semester	3
KINES 521		KINES 355	
KINES 600		KINES 521	
MATH 211 or 221	5	KINES 600	
EMS Elective	2	EMS Elective	3
Liberal Studies, EMS Elective or General Elective course work	3-6	Liberal Studies, EMS Elective or General Elective course work	2-5
	16		15
Total Credits 120			

1

A total of 11 credits of Kinesiology EMS electives are required. Elective course options are 2-3 credits.

[For Students Testing Into MATH 211 Calculus or MATH 221 Calculus and Analytic Geometry 1 \(Quantitative Reasoning A met\)](#)

Freshman			
Freshman			
Fall	Credits	Spring	Credits

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
CHEM 103	4	KINES 119	2
Liberal Studies course work	8-11	CHEM 104	5
		MATH 211 or 221 (also meets Quantitative Reasoning B)	5
		Liberal Studies course work	0-3
	15		15
Sophomore			
Fall	Credits	Spring	Credits
BIOLOGY/ZOOLOGY 101	3	PHYSICS 104	4
BIOLOGY/ZOOLOGY 102	2	STAT 371 or PSYCH 210	3
PHYSICS 103	4	KINES 116	2
Ethnic Studies	3	PSYCH 202	3
Liberal Studies course work	4	Liberal Studies or General Elective course work	3
	16		15
Junior			
Fall	Credits	Spring	Credits
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or EMS Elective) ¹	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3
EMS Elective ¹	3	ANAT&PHY 338	2
		KINES 350 (or EMS Elective)	3
	14		14
Senior			
Fall	Credits	Spring	Credits
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following either in the fall or spring semester	3	Communication B - Select one of the following either in the fall or spring semester (KINES 600 is not offered in the spring)	3
KINES 355		KINES 355	
KINES 521		KINES 521	
KINES 600		EMS Elective	3
EMS Elective	2	Liberal Studies, EMS Elective or General Elective course work	7-10
Liberal Studies, EMS Elective or General Elective course work	7-10		
	15		16
Total Credits 120			
1			

A total of 11 credits of Kinesiology EMS electives are required. Elective course options are 2-3 credits.

Guide Four Year Plan tab

Parent Guide Three Year Plan tab

Guide Three Year Plan tab

Program Learning Outcomes and Assessment

Parent Program

Learning Outcomes

(Knowledge) Define and explain major concepts across the breadth of kinesiology.

(Application) Apply their knowledge related to movement and physical activity techniques and approaches in clinical and applied settings to enhance human health and quality of life.

(Critical Thinking) Demonstrate competence in the scientific research process, which includes the ability to consume, analyze, interpret and critically review scientific literature.

(Communication) Develop appropriate styles of written and oral communication to use both within and outside of the scientific community.

Summarize the assessment plan.

Commitments

All required courses are approved through the school/college level.

Yes

Courses are offered on a regular basis to allow timely completion.

Yes

Courses have enrollment capacity.

Yes

Students may complete only 1 named option within a plan code.

Yes

The program faculty/staff will ensure the program website, Advance Your Career materials if applicable, and other presentations are consistent with the Guide information for this program.

Yes

Supporting Information

List name and department of those who are in support of this proposal.

If those supporting the proposal provided a letter or email of support upload here. A letter is NOT required. Upload any other explanatory information about support from other UW-Madison units.

Additional Information:

Approvals

Department Approval - This proposal has been approved by the faculty at the department/academic unit level. The program faculty confirm that the unit has the capacity and resources (financial, physical, instructional, and administrative) to meet the responsibilities associated with offering the program, including offering the necessary courses, advising students, maintaining accurate information about the program in the Guide and elsewhere, conducting student learning assessment and program review, and otherwise attend to all responsibilities related to offering this program.

Enter any notes
about approval
here:

The department approved this proposal to discontinue the Exercise and Movement Science named option on 11/12/2021.

Entered by: Maddie Sychta

Date entered: 11/15/2021

School/College Approval - This proposal has been approved at the school/college level and it is submitted with the Dean's support. The Dean and program faculty confirm that the unit has the capacity and resources (financial, physical, instructional, and administrative) to meet the responsibilities associated with offering the program, including offering the necessary courses, advising students, maintaining accurate information about the program in the Guide and elsewhere, conducting student learning assessment and program review, and otherwise attend to all responsibilities related to offering this program.

Enter any notes
about approval
here:

Entered by and

date:

Date entered:

GFEC Approval - This proposal has been approved by the Graduate Faculty Executive Committee and the Dean of the Graduate School.

Enter any notes

about the approval

here:

Entered by:

Date entered:

UAPC Approval - This proposal has been approved by the University Academic Planning Council and the Provost.

Enter any notes

about approval

here:

Entered by:

Date entered:

For Administrative Use

Admin Notes:

Guide URL:

/undergraduate/education/kinesiology/kinesiology-bs/kinesiology-exercise-movement-science-bs/

SIS effective date:

Guide publish

date/type:

Tuition start term:

SIS Short

ExMoSci

Description:

Other plan codes

associated with this

program:

Educational

Innovation

Program:

Distance Education

Program:

Non Traditional

Program:

Special Plan Type:

Scan this proposal:

Upload documents that should
be scanned:

Reviewer

Comments

Key: 289